

Bartlesville Bookmark

January / February 2018



FROM EVERYONE AT

BPL

Bartlesville Public Library

Closings:

New Year's Holiday Break

The Library will close at 5:30PM on December 29th and will reopen at 9AM on January 2nd

Martin Luther King Day

The Library will close at 5:30PM on January 12th and will reopen at 9AM on January 16th

President's Day

The Library will close at 5:30PM on February 16th and will reopen at 9AM on February 20th



Happy Valentine's Day!



love your library

Did You Get a New Tablet, Kindle or iPad for Christmas?

Did you know library patrons may borrow E-books from the Library's Overdrive App? Check-out, or downloaded, loan times are 14 days; this includes audio books too. The best part is there is no need to worry about returning checked-out items; they will return on their own!

BPL teaches Overdrive classes that will help you learn how easy it is getting started! Private lessons, including one-on-one Customer Service, are also available through BPL's Reference Department. These classes and / or private lessons, include help with setting-up the Overdrive App onto various devices, and navigation of the Overdrive app so that E-books and audio book options are ready for immediate use!

So, come in and see us if you are interested in reading E-books or listening to audio books through the use of your tablet, kindle or iPad; Overdrive class dates are listed in the events section.

As always, feel free to contact one of our Reference Staff at (918) 338-4169.

Submitted by: Leslie Calhoun

Adults CAN Learn!

We have all heard the old saying, "You can't teach an old dog new tricks."

Is this true? That is a good question. According to The Phrase Finder, "You can't teach an old dog new tricks." came from "The Boke of Husbandry" by John Fitzherbert, written in 1534.

Brain Plasticity - the ability of the brain to change, grow and modify itself with constantly imputed new information, keeps the brain malleable. This ability allows every age of adults to learn within the right environment.

BPL Literacy Services focuses on helping adults become literate; however, adults cannot become literate unless they believe they can learn. Some of our goals are to help adults know that: YES, they can learn to read; YES, they can learn to write, and YES, they can learn.

Research proves that adults can learn. Yet, the problem comes when individuals come to believe that because they are adults,

they simply cannot learn new things. Henry Ford once said, "Whether you think you can, or you think you can't - you're right." *What did he mean?*

Ford meant, the brain is a powerful instrument and the power of suggestion gives us the ability, or prevents us from unlocking the ability, to believe we can learn and do new things.

Of course, there are reasons that might make learning as an adult difficult, difficult but not impossible. One of the biggest hindrances is the belief that "you can't teach an old dog new tricks." That saying has been around a long time; due to its antiquity, many people believe this.

Adults CAN learn.

Tutors are always welcome to help with adult learning. If you would like to encourage someone to learn, please contact us at the Literacy Department. Our numbers are 918-338-4179 and 918-338-4176. Check out this list of a few examples of people who learned or accomplished goals in their adult years:

Submitted by: Karen Kerr-McGraw & Coleen Hambrick

- ◆ Leo Tolstoy learned to ride a bicycle at 67.
- ◆ Queen Victoria began learning Hindustani at 68.
- ◆ Giuseppe Verdi was still composing operas in his 80s.
- ◆ Somerset Maugham wrote his last book at 84.
- ◆ Frank Lloyd Wright designed his last building at 89.
- ◆ In their 90s, Robert Frost was writing poems, George Bernard Shaw was writing plays, Georgia O'Keefe was painting pictures, and Pablo Casals was playing cello.
- ◆ Oliver Wendell Holmes was an active Supreme Court Justice until he retired at 91.
- ◆ Leopold Stokowski recorded 20 albums in his 90s, and signed a six-year recording contract at 94.



10 Books To Ring In The New Year

1. **Food, Health and Happiness** by Oprah Winfrey - Oprah Winfrey has had a love-hate relationship with food. In *Food, Health and Happiness*, she reveals not only her struggles with weight and food but also the recipes that have taught her to celebrate life again (115 recipes, to be exact). Sustainable Chilean sea bass with lemon fennel chutney, anyone?
2. **The Wellness Mama** by Katie Wells - Looking to eliminate processed foods as part of your New Year's resolutions? These recipes and practical tips from popular blogger and "wellness mama" Katie Wells will help you do just that! If anyone knows how to create a healthy and delicious home-cooked meal in 30 minutes or less, it is a mother of six!
3. **Joyous Detox** by Joy McCarthy - In the New Year, give your body a break from food additives, bad fats and toxins. Holistic nutritionist, blogger and bestselling author Joy McCarthy's returns with a detox and 100 new detox-friendly recipes to feel fabulous every day.
4. **The Bikini Body** by Kayla Itsines - The *Sweat with Kayla* app is the world's best-selling fitness app for a reason - Kayla Itsines' high-intensity workouts help women achieve strong bodies. In *The Bikini Body*, she shares meal plans, recipes and motivational tips to help you lead a healthier lifestyle.
5. **Tool of Titans** by Tim Ferriss - *Tool of Titans* compiles hundreds of interviews with celebrities. If you are looking for life hacks, daily tools and practical advice on how to be your absolute best self, give this a read. As Ferriss writes, "It's changed my life, and I hope the same for you."
6. **The Five Thieves of Happiness** by John Izzo - What takes our happiness away from us? Bestselling author John Izzo calls them the five thieves - the thief of control, conceit, consumption, coveting, and the thief of comfort. This book will teach you how to lock out these attitudes.
7. **Healthy is the New Skinny** by Katie H. Willcox - Katie H. Willcox, the founder of the social movement Healthy, highlights her journey to inspire people to choose health and wellness over our modern society's obsession with being skinny. She poses the question: how can we harness the power of thoughts to choose self-love?
8. **Carve the Mark** by Veronica Roth - Fans of *Divergent* will love the stunning new science-fiction fantasy series by bestselling author Veronica Roth. If your New Year's resolutions include switching off Netflix and checking out the season's biggest books, this novel is a definite must!
9. **The Woman in Cabin 10** by Ruth Ware - *The Woman in Cabin 10* tells the story of a travel writer whose newest assignment - a week on a luxury cruise with only a handful of cabins - slowly turns into a nightmare. With its shocking twists and claustrophobic setting, Ruth Ware's book is a best seller.
10. **Project** by Michael Lewis - In *The Undoing Project*, bestselling author Michael Lewis tells the story of Israeli psychologists Daniel Kahneman and Amos Tversky, whose studies about the mind's decision-making process changed our perception of human nature forever. If decisions are one of your New Year's Resolutions, give this book a read!

Submitted by: Matt Ennis

Reference:

<http://www.readersdigest.ca/features/heart/10-books-can-help-new-years-resolutions/view-all/>

Events and Programs!

January

Literacy Services presents, **Tutor Round Table** – Jan. 2nd at Noon

Johnstone Irregulars Book Club - Jan. 2nd; 7:00PM, (Discussing: *Garden Spells*, by Sarah Addison Allen)

Tai-Chi - Jan. 4th; 10:00 - 11:00AM, Meeting Room A

Overdrive: How to Use Our Digital Collection – Jan. 9th; 6:00 - 7:00PM, Meeting Room B

Refit - Jan. 10th; 5:30 – 6:30PM, Meeting Room A

Introduction to the Computer (Beginner Computer Class) - Jan. 10th; 6:00 - 7:00PM, Meeting Room C

Tai-Chi - Jan. 11th; 10:00 – 11:00AM, Meeting Room A

Fitness by Josh – Jan. 11th; 6:30 -7:30PM, Meeting Room A

Washington Co. Health Initiative presents, **“Healthy Homes for All Ages”** – Jan. 16th; 12:00 - 1:00PM & 6:00 - 7:00PM

Refit – Jan. 17th; 5:30 – 6:30PM, Meeting Room A

Tai-Chi – Jan. 18th; 10:00 – 11:00AM, Meeting Room A

Gentle Reads Book Club – Jan. 18th; 2PM, Meeting Room B (Discussing: *The Girl on the Train*, by Paula Hawkins)

Adoption: The Quest for Biological Family, presented by Barbara Shoff, Genetic Genealogist - Jan. 18th; 2:30 - 4:30PM, Meeting Room C

Adoption: The Quest for Biological Family, presented by Barbara Shoff, Genetic Genealogist - Jan. 18th; 6:00 – 8:00PM, Meeting Room C

LEGO CLUB! – Jan. 20th; 10:30AM, Meeting Room A

Family Tree DNA Family Finder Training, presented by Barbara Shoff, Genetic Genealogist - Jan. 23rd; 2:30 - 4:30PM, Meeting Room C

Family Tree DNA Family Finder Training, presented by Barbara Shoff, Genetic Genealogist - Jan. 23rd; 6:00 – 8:00PM, Meeting Room C

Refit – Jan. 24th; 5:30 – 6:30PM, Meeting Room A

Tai-Chi – Jan. 25th; 10:00 – 11:00AM, Meeting Room A

Sleep Program, presented by Earl Shufeldt – Jan. 31st; 3:00PM, Meeting Room A

Refit – Jan. 31st; 5:30 – 6:30PM, Meeting Room A

Family Tree DNA Family Finder Training, presented by Barbara Shoff, Genetic Genealogist - Jan. 23rd; 2:30 - 4:30PM, Meeting Room C

Family Tree DNA Family Finder Training, presented by Barbara Shoff, Genetic Genealogist - Jan. 23rd; 6:00 – 8:00PM, Meeting Room C

English as a Second Language (ESL) Through Bartlesville Public Library Literacy Services

ESL Conversations: Every Tuesday 6:00 – 7:30PM, located at Casa Hispana (January 2nd, 9th, 16th, 23rd, 30th)

Every Thursday 10:00 – 11:30AM, BPL Literacy Services Department (January 4th, 11th, 18th, 25th)

Citizenship: Every Monday 10:00 – 11:30AM, BPL Literacy Services Department (January 8th, 22nd, 29th)

Every Wednesday 6:00 – 7:30PM, Literacy Services Department (January 3rd, 10th, 17th, 24th, 31st)

Spanish for Children: Every Monday 5:00-5:30PM, Literacy Services Department (January 8th, 22nd, 29th)

Spanish for Adults: Mondays 5:30-6:30PM, Literacy Services Department (January 8th, 22nd, 29th)



Events and Programs!

February

February is Black History Month

Tai-Chi – Feb. 1st; 10:00 – 11:00AM, Meeting Room A

Washington Co. Health Initiative presents, **“Teen Violence”** – Feb. 2nd; 12:00 — 1:00PM & 6:00—7:00PM, Meeting Room A

Eat Healthy, Be Active – Feb. 2nd; 12:00—1:00PM, Meeting Room A

Heart Healthy Eating – Feb. 5th; 11:00AM —12:00PM

Literacy Services presents, **Tutor Round Table** – Feb.6th at Noon

Hello WikiTree – Hello World, Part One, presented by Barbara Shoff, Genetic Genealogist - Feb. 6th; 2:30 - 4:30PM, Meeting Room C

Hello WikiTree – Hello World, Part One, presented by Barbara Shoff, Genetic Genealogist - Feb. 6th; 6:00 – 8:00PM, Meeting Room C

Johnstone Irregulars Book Club – Feb. 6th; 7:00PM, Meeting Room A (Discussing: *The Road*, by Cormac McCarthy)

Refit - Feb. 7th; 5:30—6:30PM, Meeting Room A

Tai-Chi – Feb. 8th; 10:00 – 11:00AM, Meeting Room A

Hello WikiTree – Hello World, Part Two, presented by Barbara Shoff, Genetic Genealogist - Feb. 8th; 2:30 - 4:30PM, Meeting Room C

Hello WikiTree – Hello World, Part Two, presented by Barbara Shoff, Genetic Genealogist - Feb. 8th; 6:00 – 8:00PM, Meeting Room C

Eat Healthy, Be Active – Feb. 9th; 12:00—1:00PM, Meeting Room A

LEGO CLUB! – Feb. 10th; 10:30AM, Meeting Room A

Overdrive: How to Use Our Digital Collection - Feb. 13th; 2:00 - 3:00PM, Meeting Room C

Refit - Feb. 14th; 5:30—6:30PM, Meeting Room A

Gentle Reads Book Club – Feb 15th; 2PM, Meeting Room B (Discussion book TBD at Jan. 18th meeting.)

Eat Healthy, Be Active – Feb. 16th; 12:00—1:00PM, Meeting Room A

Refit - Feb. 21st; 5:30—6:30PM, Meeting Room A

Tai-Chi – Feb. 22nd; 10:00 – 11:00AM, Meeting Room A

Eat Healthy, Be Active – Feb. 23rd; 12:00—1:00PM, Meeting Room A

Refit - Feb. 28th; 5:30—6:30PM, Meeting Room A

Overdrive: How to Use Our Digital Collection - Feb. 13th; 2:00 - 3:00PM, Meeting Room C

Introduction to the Computer (Beginner Computer Class) - Feb. 15th; 6:00 - 7:00PM, Meeting Room C

English as a Second Language (ESL) Through Bartlesville Public Library Literacy Services

ESL Conversations: Every Tuesday 6:00 – 7:30PM, located at Casa Hispana (February 6th, 13th, 20th, 27th)

Every Thursday 10:00 – 11:30AM, BPL Literacy Services Department (February 1st, 8th, 15th, 22nd)

Citizenship: Every Monday 10:00 – 11:30AM, BPL Literacy Services Department (February 5th, 12th, 26th)

Every Wednesday 6:00 – 7:30PM, Literacy Services Department (February 7th, 14th, 21st, 28th)

Spanish for Children: Every Monday 5:00-5:30PM, Literacy Services Department (February 5th, 12th, 19th, 26th)

Spanish for Adults: Mondays 5:30-6:30PM, Literacy Services Department (February 5th, 12th, 26th)

Snow is falling and books are calling ...

Upcoming Titles!

JANUARY

ACT OF REVENGE,

BY DALE BROWN

ROBICHEAUX,

BY JAMES LEE BURKE

FOOLS AND MORTALS,

BY BERNARD CORNWELL

INTO THE BLACK

NOWHERE: AN UNSUB NOVEL,

BY MEG GARDINER

FLIGHT OF THE HAWK: THE
RIVER,

BY W. MICHAEL GEAR

HELLBENT, AN ORPHAN
X NOVEL

BY GREGG HURWITZ

PROMISE NOT TO TELL,

BY JAYNE ANN KRENTZ

OUT OF THE ASHES,

BY TRACIE PETERSON

FALL FROM GRACE,

BY DANIELLE STEEL

UNBOUND,

BY STUART WOODS

FEBRUARY

LOOK FOR ME,

BY LISA GARDNER

OUTPOST,

BY W. MICHAEL GEAR

GREAT ALONE,

BY KRISTIN HANNAH

SHALLOW GRAVE,

BY KAREN HARPER

ONE LAST BREATH,

BY LISA JACKSON

POISON,

BY JOHN LESCROAT

DEATH OF AN HONEST MAN,

BY M. C. BEATON

RASPBERRY DANISH MURDER,

BY JOANNE FLUKE

SUNBURN,

BY LAURA LIPPMAN

DOWN THE RIVER UNTO THE
SEA,

BY WALTER MOSLEY

Submitted by: Sheryl Clark

To find more titles that are "on order", or titles that have been recently added to the library, check out the "New and Notable" lists or the "Content Carousels". Both resources can be found from the start page of the library's catalog. If you need help finding these lists, please ask a staff member to show you where to access them. To access these resources from home, go to our main webpage, <http://www.bartlesville.lib.ok.us>, then click on the tab titled, "Books & More" and select "New and Notable Books"!

Submitted by: Tech Services

MORE UPCOMING GENETIC GENEALOGY CLASSES

The Bartlesville Public Library and the Bartlesville Genealogical Society are pleased to co-sponsor genetic genealogist Barbara Shoff's upcoming workshops in January. On Thursday, January 18, Shoff will present a class called *"Adoption: The Quest for Biological Family"* where she will discuss how to use autosomal DNA testing to find biological family members. Autosomal DNA tests identify relatives on both maternal and paternal sides of the family. Shoff will demonstrate methods and online tools that will be useful for both adoptees and those family researchers who have a relative in their genetic line who were adopted. She will also discuss using a form of "reverse genealogy" to assist in the genealogical process to find unknown parents. To better accommodate people's schedules, this class will be repeated twice on Thursday, January 18. The first class will be held from 2:30 p.m. to 4:30 p.m. and the second class will be from 6 p.m. to 8 p.m.

On Tuesday, January 23, Shoff will also present *"Family Tree DNA Family Finder Training."* In 2000, Family Tree DNA (also known as FTDNA) was the first company to offer genetic testing for purposes of genealogical research. FTDNA offers free uploads of your DNA test results, regardless of the DNA test company you used. FTDNA offers a multitude of free tools, and Shoff will teach how to use those tools to determine how you are related to others. This class will also be repeated twice. The first class will be held from 2:30 p.m. to 4:30 p.m. and the second class will be from 6 p.m. to 8 p.m.

Shoff is a recent inductee as a WikiTree Ambassador. This February she will be teaching several classes at the Library about how to use WikiTree in relation to genetic genealogy. She has offered to teach these classes to the public in gratitude to her local support from the Bartlesville Public Library, the Bartlesville Genealogical Society and the Nowata Family Finders.

WikiTree is an online genealogy project, created by Chris Whitten in 2008, and is comprised of a single ancestor entry collaborative family tree. WikiTree uses both traditional genealogical sources and DNA to grow an accurate family tree. Thus far, the tree includes almost 16 million profiles (with almost 3.5 million DNA test connections) edited by almost half a million genealogists around the world. Privacy controls help to integrate modern family history and extra protections ensure the digital shared tree won't be lost. The WikiTree website is 100% free and is very user-friendly, even to those new to both computers and genealogy. If you have ever considered pursuing your family's history and leaving them a genealogical tree, then these WikiTree classes will benefit you.

Shoff will be teaching a *"Hello WikiTree – Hello World, Part One"* class on Tuesday, February 6. The first class will be held from 2:30 p.m. to 4:30 p.m. and the second class will be from 6 p.m. to 8 p.m. She will teach *"Hello WikiTree – Hello World, Part Two"* class on Thursday, February 8. The first class will be held from 2:30 p.m. to 4:30 p.m. and the second class will be from 6 p.m. to 8 p.m. Prior to the WikiTree classes, those interested in attending will need to join the free WikiTree website.

All of these classes will take place in the Library's Meeting Room C and are free and open to the public. These classes are "hands on" so bring your fully charged laptops to the class. You are also welcome to simply sit and observe.

Class size is limited, so please register.

To register, for more information, or to learn how to join the WikiTree website, please call the Local and Family History Department at 918-338-4167.

It Is



Again!!

Believe it or not....

It is time to think about taxes again. It seems like we just did that not that long ago. Luckily, the Library can help you get through this tax season. The AARP Tax Assistance Volunteers will be at the Library February 5 - April 11th. They will be in Meeting Room B from 9:00 AM - 3:00 PM, every Monday, Tuesday, and Wednesday during the above dates.

Help will be provided on a "first-come, first-serve" basis. Before arriving, be sure to have your identification, social security numbers for the entire household, a copy of last year's tax returns, and all of your W-2s and 1099s.

The Library will also have some of the more common federal forms available for pick up in the Reference Department. Oklahoma State tax forms are no longer mailed. All forms can be found online at the IRS and the Oklahoma Tax Commission websites (www.irs.gov or www.tax.ok.gov). These forms may also be ordered by phone at 1-800-829-3676 (IRS), or 1-800-522-8165 (OTC).

If you need assistance, our Reference Staff will help you find the forms you need.

Submitted by: Denise Goff



PRESCHOOL STORY TIME

WEDNESDAYS & THURSDAYS

10:00 AM

Babies -2 years old

11:00 AM

3 - 6 years old

THURSDAYS ONLY

1:00 PM All Ages



Johnstone Irregulars - Every month, on the first Tuesday, 7pm in meeting room A.

January 2nd: *Garden Spells*,
by Sarah Addison Allen

February 6th: *The Road*,
by Cormac McCarthy

Gentle Reads - Every month, on the 3rd Thursday, 2pm in meeting room B.

January 18th: *The Girl on the Train*,
by Paula Hawkins

**Gentle Reads Book Club will announce the February book at the January meeting.*



BPL Services Include FREE Proctored Tests!

The hectic pace following Thanksgiving, student fall finals, and the Christmas and New Year's holiday rush are finally over. Now it is time to resume the spring semester with new classes. The new semester results in a fresh set of studies and, of course, another round of exams. Many students now pursue higher education via distance learning, e.g., videoconference, online courses, or blended schedules. As a result, many distance-learning students encounter proctored testing.

A proctor is a person who monitors a student as he or she takes an exam, while ensuring the student's adherence to various exam rules. Colleges, universities, and vocational-technical schools usually have certain professional requirements of proctors. Often colleges and universities charge students proctor exam fees.

College expenses are costly enough without having to pay unnecessary, extra fees!

Luckily, any student may perform a proctored test at Bartlesville Public Library, FREE!!!

Please contact the BPL Reference Department in order to obtain additional information regarding proctor exams, or to schedule an exam. Our Reference personnel are more than happy to answer any questions you may have about proctor exams, and BPL provides a suitable testing environment. Give us a call at 918-338-4168, or send an email to proctor@bartlesville.lib.ok.us. We look forward to helping you, and saving your money through our service offerings!

Submitted by: Roger Elmore

LEGOS!

After a Fall Break, standing-room-only Kick-off Party, the Bartlesville Public Library's monthly LEGO Club has since met twice with much fun and success! Our goal is to offer something different each month: themes, challenges, special presentations, group projects, and more. At our November club meeting, participants created with Lego's something representing thankfulness in their life. In December, six "stations" were set up, each with a ten-minute challenge.

Each child progressed through these challenges, which were **BUILD SOMETHING WITH JUST 14 LEGOS, BUILD YOUR FAVORITE ANIMAL, BUILD SOMETHING THAT BEGINS WITH THE LETTER 'C', BUILD SOMETHING WITH ONLY RED LEGOS, BUILD SOMETHING WITH ONE HAND, and BUILD A 100-BRICK TOWER...**whew! It has been astounding to see what everyone has created! To view randomly selected creations from each monthly meeting, check out the displayed items in the BPL lobby. Everyone is welcome to join BPL's LEGO Club! BPL would love to see you at the next meeting. Call 918-338-4170 for more information.

See Events insert for January and February LEGO CLUB meeting dates.!

The LEGO CLUB meets on the second Saturday of each month; however, January will be on the third Saturday due to holiday closings.

Youth Services Information—

Submitted by: Laura Pryce

LEGO CLUB PHOTOS!



(More photos available on BPL Facebook!)

Library Receives Conoco-Phillips Grant!

The Bartlesville Public Library recently received a grant from ConocoPhillips for the design, purchase and installation of work lounge/study areas in the Library. The study areas offer "semi-private" spaces for individuals to read, work, or study. They provide comfortable seating and a work surface that is adjustable to each individual. Each unit also provides power for multiple media devices.

Library Director Shellie McGill explained, "Our Library continues to evolve to meet patrons needs. Libraries of today must offer material in all formats, meeting areas, technology, and study areas for both groups and individuals. Many patrons come to the Library for work and study because of our high-speed internet connection and our resources. The wide-open concept of our current building does not lend itself to individualized areas."



Patrons would like the ability to ready, study, or work without the distraction of others.

We are very grateful to ConocoPhillips to help us provide these areas to the community. Their support of our services is greatly appreciated. These study areas are the perfect solution without major construction costs."

The study areas are located in the northwest corner of the Library, just outside the Local and Family History Department. They are used on a first-come basis.



Submitted by: Denise Goff



Bartlesville Public Library

600 S. Johnstone
Bartlesville, OK 74003

Automated Renewal

338-4182

To Renew Books

338-4171

Reference Department

338-4168

Youth Services Department

338-4170

Local & Family History

Department

338-4167

Literacy Services

Department

338-4179

Administrative Services

338-4161

Website

www.bartlesville.lib.ok.us

Catalog

www.bartlesvillepolarislibrary.com

Facebook

www.facebook.com/bvillelibrary

Are You An Aspiring Writer?



Submitted by: Denise Goff

The 26th annual Friends of the Library Creating Writing Contest is now underway. For the first time, 8th grade students may now enter submissions within the categories of poetry and fiction. To enter, contestants must have a current Bartlesville Public Library card. Only amateur writers are eligible to enter. Applications are available at the Circulation and Reference Desks as well as on the Library's website.

The deadline for all manuscripts is February 1, 2018.

Winners will be announced at the Friends of the Library Annual Meeting scheduled in April.

Excerpts from the winning entries will be presented at the meeting. All winning entries will be bound and added to the Library's collection.

~ For more information, feel free to call the Library at 918-338-4187 ~



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