

BARTLESVILLE BOOKMARK

November/
December 2020

HOTSPOTS NOW AVAILABLE FOR CHECKOUT!

The Bartlesville Public Library is excited to announce Hotspots (portable wireless internet connection devices) will be available for checkout beginning November 2nd. They can be checked out to anyone, age 18 or older, with a valid library card. They are available on a first-come, first-serve basis. Hotspots will be checked out for 21 days and are limited to one per household. Upon checkout, patrons will be required to present a government issued photo ID and sign a lending agreement. Service is being provided by US Cellular.

The Hotspots were made possible by a Digital Inclusion Grant funded by the CARES Act. Because of the current COVID pandemic, many local residents are needing access to the internet to keep up with their school requirements and job responsibilities while at home. Hotspots can help!

For additional information about Hotspots, call the Circulation Staff at 918-338-4171.



Submitted by: Shonda Melton & Denise Goff



Holiday Hours

Thanksgiving

Closed November 26 & 27

Christmas

Closed December 24 & 25

Reopen 12 Noon
December 26

New Year's

Closed January 1



Join BPL's virtual "Winter Holidays Reading Challenge: Chill Out & Read!" To participate, register at <https://bartlesville.beanstack.org> OR download the Beanstack Tracker app on your mobile device. If you participated in our 2020 Summer Reading Program through Beanstack, there is no need to create a new account; just sign in and click on the Winter Challenge! Pre-registration begins on November 2nd.

This fun, six-week challenge is for children, teens and adults. There will not be separate age categories, however, as all of the activity challenges and prizes will be appropriate and fun for all ages! Log in 100 minutes per week of reading, or being read to. Complete each weekly holiday-themed activity challenge. These accomplishments will earn you virtual badges and virtual tickets to enter into the prize drawings of your choice! These prizes include:

- * \$50 in Chamberbucks (to be used at any "Bartlesville Chamber of Commerce" member business)
 - * 4th Generation Echo Dot
 - * 3Doodler Start Essentials Kid-Safe 3D Pen
 - * Click N' Play Gigantic Keyboard Play Mat.
- Call 918-338-4170 for information or assistance.

Happy Holiday Reading from Bartlesville Public Library!

Submitted by: Laura Pryce



Travel the world this holiday season by trying new recipes from the Library's A to Z World Food database! Make traditional recipes from 174 countries across the globe and learn

about different cultures at the same time. With over 7000 recipes to browse, try appetizers from Ghana, soups from Thailand, entrees from the Czech Republic, and desserts from Qatar. Recipes include plenty of photos, ingredients with article links, and the ability to share recipes and print those you like to create a personalized recipe book.

A to Z World Food features an impressive Reference collection, covering topics such as dietary philosophies, food inventions, cooking techniques, historical food timelines, information about herbs and spices, and food quotes. There is also a cooking conversion calculator and a food video dictionary where you can learn how to pronounce ingredients and kitchenware terminology in German, Spanish and French.

A to Z World Food can bring something new to your table. It's free, easy to use, and available 24/7 via the Library's website. To start, just click on the A to Z World Food Database link under "Online Info & Services" on the library's home page.

Submitted By: Nadine Hawke

SELLING YOUR HOUSE 101

Selling Your House 101. Learn from a professional realtor the proven tactics you can use to sell your house faster. Janet Reilly from RE/MAX will discuss the details on how to give your house the wow factor, including staging a house and curbside appeal, that will draw potential buyers. Reilly has lived in Bartlesville all her life and is a licensed broker associate. She has been selling real estate at RE/MAX for over 20 years and has a passion for helping people with their real estate needs. This program will be **Monday, November 9 at 3 pm** via Facebook Live from the Library's Facebook page.

Submitted By: Nadine Hawke



#lifehacks

Bartlesville Public Library continues our free monthly adulting classes called #lifehacks. Each #lifehacks class features a cooking basics segment, taught by Tri County Tech Chefs Tara Burkhead and Seth Day, and an adulting basics segment, which addresses how to handle an everyday task that adults commonly face. These classes are tailored for 16-23 year olds.

November's cooking segment will tackle tasty recipes using Thanksgiving leftovers, and December's will highlight making comfort food. The adulting segment in November will be how to properly budget your money so you can pay your bills and save for the future. December's segment will be what you need to know when moving into your own place so you can prepare now. Programs will be **November 24th and December 29th**. Cooking segment is prerecorded and will be uploaded by 4 pm and the adulting segment will start at **4:30 pm** on Facebook Live. Both can be viewed on the Library's Facebook page.

For more information, please call the Reference desk at 918-338-4169.

The #lifehacks program series is made possible by a community grant from Phillips 66.

Submitted By: Nadine Hawke

THE PHYSIOLOGY OF WEIGHT LOSS

Fitness Trainer and Nutrition Specialist Josh Wright is presenting a 5-part series on Facebook Live entitled, the *Physiology of Weight Loss*. The programs are held each month on the 3rd Thursday. He will present facts and tips that will help anyone trying to lose weight. Here are a few:



1. If you are hungry—smell bananas! This may sound a little crazy, but it has actually been proven that smelling foods like apples, mint, or bananas can fool your brain. Who knew?
2. A recent study has shown that the color blue decreases appetite. So try some changes like decorating your dinner table with a blue tablecloth, napkins, or dishes. Blue will become your new favorite color!

Little things can have a positive impact on the overall weight loss journey.

Join Josh on Facebook Live on **November 17** and **December 15** at **5:30 PM**.



Healthy Cooking

Somethin' Cooking With Susan
Healthy Chili
November 3rd-12 Noon
Facebook Live

Nourishing Knowledge with Jen
Roasted Chicken and Guilt-Free Pie
November 19th-12 Noon
Facebook Live

EFFECTIVE COMMUNICATION

Communication is more than just talking and listening – it's also about sending and receiving messages through attitude, tone of voice, facial expressions and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect.

Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease. Program will be held **November 12** at **2:00 PM** on Facebook Live. This program is co-sponsored by the Bartlesville Public Library and the Alzheimer's Association. For more information, call 918-338-4179.

Submitted By: Karen Kerr-McGraw

EXERCISE CLASSES

The Literacy Services Department hosts several exercise classes during the week as part of the Health & Wellness Program Series. All of these classes are free and open to all.

Mondays

Gentle Yoga on Facebook Live
9:15AM

Zumba

Tower Green @ Unity Square 7:00 PM
Weather Permitting

Wednesdays

Tai Chi on Facebook Live
11:00 AM

Thursdays

Pound

Tower Green @ Unity Square 7:00 PM
Weather Permitting

For the latest up-to-date information,
call 918-338-4179.

The **Self Checkout Stations** are





Bartlesville Public Library

600 S. Johnstone
Bartlesville, Oklahoma 74003

Automated Renewal
338-4182

Circulation
338-4171

Reference
338-4168

Youth Services
338-4170

Local & Family History
338-4167

Literacy Services
338-4179

Administrative Services
338-4161

Website
www.bartlesville.lib.ok.us



PLEASE NOTE

**Library hours will continue
as listed below until
further notice.**

Monday-Thursday
9:00 AM—7:00 PM

Friday & Saturday
9:00 AM—5:30 PM

Closed Sunday

**Bartlesville Bookmark
is published bi-monthly.**

**Denise Goff
Editor**

VIRTUAL ACTIVITIES

BPL's Youth Services department is continuing with our Virtual and Take-home Activity opportunities for children and teens! Below is the schedule of upcoming activities and challenges, with more details to come on BPL's website and social media. "I've had a great time looking for ideas and putting together the kits and packets," says Youth Services librarian Melissa Wilske. "We just want to keep our young patrons connected to BPL in a fun and safe way!"

Nov. 9th National Novel Writing Month-stem storytelling bags will be made available, and stories and pictures are due back the 30th.

Nov. 4th is Candy Day-Patrons invent their own candy, will it be a totally new invention, or a twist on an old favorite?

Nov. 13 World Kindness Day-Patrons will be challenged to commit at least 3 random acts of kindness, to take a few extra moments hugging their loved ones and friends, and write a short (or long) poem highlighting the things you appreciate about yourself and your life.

Nov. 16th turkey craft packets-with fun turkey and thanksgiving facts will be passed out. Patrons will be asked to submit a picture of their completed turkey craft for our Facebook page.

Dec. 5th is International Ninja Day-activity packets will be available to be picked up starting 12/1 and a Facebook post asking to see your best ninja pose pic.

Dec. 11th Disguise a Gingerbread man-activity packet for the children will be handed out. Patrons will be asked to disguise their gingerbread man to hide from Santa. Patrons will be asked to submit a picture on Facebook post of their completed work.

Dec. 14th Disguise a Gingerbread man-baking kits for the teens will be available to be picked up. They will include the supplies to make your own gingerbread cookies to be disguised.

Dec. 21st Winter solstice day-activity packets will be handed out this week.

Submitted By: Laura Pryce

E-MAGAZINES RETURN & CHILDREN GET A BOOST ON THE OK VIRTUAL LIBRARY

The Oklahoma Virtual Library is once again the beneficiary of grant funds through the Institute of Museum and Library Services provided by the Oklahoma Department of Libraries. Money received in September has allowed library patrons who rely on digital access for books, audios, and magazines to receive an influx of new titles.

Libraries were able to subscribe to a total of 35 magazines using grant funds. New titles not previously available include "The Economist," "The Pioneer Woman," "Rolling Stone," "The New Yorker," "Bon Appetit," and many others. Old favorites such as "Us Weekly," "Reader's Digest" and "Prevention" are still available. All magazines are available for immediate download, and there is never a wait.

The children's collection expanded by 1,885 volumes. Keeping up with children's demand is extremely important as so many are attending online school at this time. Grant funds added 1,775 volumes to the adult and young adult collections.

In addition to new titles to try, OverDrive has added features on the Libby app. Readers can now easily share and recommend what they are reading on social media and save a copy of their reading history. These are accessible from users' timelines in the app. To share a title once they have finished, users click on the title in their timeline, then click on "Reading Journey." The "Actions" button will let users export reading data, or share the title. Users who want to save a list of their reading history should click on "See your timeline" at the bottom of their shelf, then click "Actions" to export their timeline.

For readers who use the OK Virtual Library out of convenience, necessity, or to keep safe right now, there are new titles and less waiting times for many people. Thank you to the Oklahoma Department of Libraries for making this possible!

Submitted By: Andrea Kane, Oklahoma Virtual Library